



Creative Expressions Arts & Wellness Program uses the arts to address the rise in mental health issues in Monmouth County youth due to the COVID-19 pandemic. Creative Expressions applies art forms such as painting, music, and dance as therapies. Teams of teaching artists and mental health professionals deliver free arts programs and services directly to organizations and schools. Over a period of four to six weeks, teams build relationships with children and identify those who could benefit from additional mental health services. Funding for this program was provided by Impact 100 Jersey Coast.

Interested in more information? Contact Devan Brash, Creative Expressions Arts & Wellness Program Coordinator, at artsandwellness@monmoutharts.org.



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